# Maharashtra University of Health Sciences, Nashik Inspection Committee Report for Academic Year 2023- 2024 Webinar / Workshop/ CME/ Activities/ Perform in Last One Year.

Faculty :- Physiotherapy

Name of the College Wellness College Of Physiotherapy, Osmanabad.

## No. of Webinars Arranged, Guest Lectures & CME/ Workshops (Publish details on college website)

| Sr No | Details of Webinar / Workshop/ CME/ Activities/ Preform      | Date                       |
|-------|--|----------------------------|
| 1.    | International Women's Day                                    | 8 March 2023               |
| 2.    | Kidney Day   | 9 <sup>th</sup> March 2023 |
| 3.    | Word Health Day  | 7 <sup>th</sup> April 2023 |
| 4.    | Swaccha Bharat Abhiyan Program                               | 11 <sup>th</sup> May 2023  |
| 5.    | Word Hypertension Day  | 17 <sup>th</sup> May 2023  |
| 6.    | Tree Plantation Program                                      | 7 <sup>th</sup> June 2023  |
| 7.    | 25 <sup>th</sup> Anniversary of MUHS & Flag Hoisting Program | 10 <sup>th</sup> June 2023 |
| 8.    | Yoga Day   | 21st June 2023             |
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Dean/ Principal Stanto & Signature

## Wellness College Of Physiotherapy

Dr. V. K. Patil Educational Campus, NH - 52, Dharashiv (Osmanabad)

## International Women's Day Report

## Event Organized By - Dr. Komal Thakur

The circular was circulated among all lady faculty members and girl. International Women's Day is celebrated in the world over, every year on the eight day of March. It celebrates womanhood and pays tribute to the indomitable spirit of women across the globe. It's root lies in the early 1900s when oppression and inequality was spurring women to become more vocal and active in campaigning for change.

#### **Objective**

To create awareness of gender equality for a healthy society. Also, the milestone to be reached is the basic information for a girl child in every family education will during awareness among the society which will further result in overall development of nation and its community.

#### **Details of the Program**

8th March, considered as International Women's Day. This day brings many things for women – a cause for celebration, a reason to pause and re-evaluate a remembrance, an inspiration and a time to honour, loved and admired. To honor womanhood, Wellness College of Physiotherapy OSMANABAD, celebrate this day.

guest of honour, Dr. Umadevi Pawadshetty shared her tales of struggle and success. Further she said, gender equality is very important for a healthy society. The milestone to be reached is the basic information for a girl child in every family education will during awareness among the society which will further result in overall development of nation and its community. Dr. Komal Thakur said that it was the time to uphold women's achievements, recognize challenges and focus greater attention on women's rights and gender equality to mobilize all people to do their best.

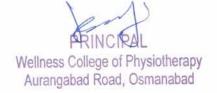
TIME: 10 AM

PLACE: YOGA LAB









## Wellness College Of Physiotherapy

Dr. V. K. Patil Educational Campus, NH - 52, Dharashiv (Osmanabad)

## A REPORT ON KIDNEY DAY CELEBRATION

Date and day

: 9<sup>th</sup> march 2023 Tuesday

Organized by

: Wellness College of physiotherapy Dharashiv

Venue

: Yoga Lab

Time

11:00 AM to 12: AM

Chairperson

Dr. Pratapsinh Patil

Coordinator

Dr. Umadevi Pawadshetty

Dr. Komal Thakur

## Objectives of program:

1. To make the student aware about kidney day

To make them aware about kidney diseases, its causes and sign and symptoms.

## Details about the program:

Wellness college of Physiotherapy Dharashiv organized a program on 9<sup>th</sup> march 2023 on occasion of world kidney day. The program was organized under the guidance of dr. Umadevi Pawadshetty along with Dr. Komal Thakur. The program started sharp 11:00 am by the introductory speech by Dr. Umadevi Pawadshetty then first and second year student presented their postures about kidney day. At last the program concluded by thanks giving speech given by Dr. Komal Thakur.

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## Wellness College Of Physiotherapy

Dr. V. K. Patil Educational Campus, NH - 52, Dharashiv (Osmanabad)

## Report sheet

## World health day

Event Organized By :- Dr. Pooja Acharya

#### **Details of the Program**

It is celebrated annually and each year draws attention to a specific health topic of concern to people all over the world.

The date of 7 April marks the anniversary of the founding of WHO in 1948.

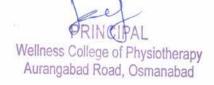
7th of April is celebrated as the World Health Day Every year WHO focuses on a specific public health concern during which various health care organizations — both national and international come forward and strive towards various health concerns that grip the globe. This year 2023, World Health Day theme is "Health For All", which encompasses the equal access for a good quality health services across all regions with limited or no financial risk.

All of the major world religions stress the importance of maintaining a healthy body and mind, which is also central to the tenets of many schools of traditional medicine and their respective practitioners. Health, as defined by WHO, is a state of complete mental, emotional, and social well-being and not only the absence of sickness or disability. Several of the countries have included this kind of right to health into their constitution.

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## Wellness College Of Physiotherapy

Dr. V. K. Patil Educational Campus, NH - 52, Dharashiv (Osmanabad)

#### A REPORT ON SWACCHA BHARAT ABHIYAN PROGRAM

DATE AND DAY

11 May 2023 Tuesday

ORGANIZED BY

WCOP Dhrarashiv (Osmanabad)

Venue

College Campus

Time

10:00AM

:

Chairperson

Dr. Pratapsinh Patil

Coordinator

Dr. Umadevi Pawadshetty

Dr. Komal Thakur

Dr. Pooja Acharya

#### Introduction:

"Cleanliness is next to Godliness."

It is the mantra of Mahatma Gandhiji, Father of Nation. He demonstrated, propagated and insisted for individual and community cleanliness throughout his life. Following his footprints, Swachh bharat Mission campaign achieved encouraging results. This vision will be translated into action by bringing in community participation for clean toilets and integrated waste management to make Maharashtra open defecation free, zero waste, dust free, plastic free and green.

#### CENTRAL OBJECTIVE:

To contribute in swachh bharat abhiyan activity& undertake cleanliness drive

#### Activities:-

It is everybody's responsibility and one should keep themselves and their surroundings clean and hygienic. It also brings good and positive thoughts in the mind which slows down the occurrence of diseases.

WCOP College students have organised rally to promote swachh bharat mission. Mass awareness created with Various slogan: "ham sb ka aek narasaaf sutra des hamara, sathi re hath batana- gandki ko he dur bhagana, apni mitti apna des- swachh bharat swasth bharat...etc.

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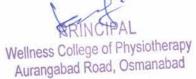
#### CONCLUSION:

The **Swachh Bharat Abhiyan** is the most significant cleanliness campaign by the Government of India. Its responsibility of the entire citizens to keep their surrounding clean. community people were encouraged to maintain their surrounding clean. Thus the students of Wellness College Of Physiotherapy, Dharashiv have initiated one steps towards- cleanliness"









## Wellness College Of Physiotherapy

Dr. V. K. Patil Educational Campus, NH - 52, Dharashiv (Osmanabad)

#### A REPORT ON WORLD HYPERTENSION DAY CELEBRATION

DATE AND DAY

17th MAY 2023 WEDNESDAY

ORGANIZED BY

WCOP Osmanabad

Venue

Dr. V.K. Patil Educational Campus Dharashiv

Time

1 pm to 2 pm

Chairperson

Dr. pratapsinh Patil

Coordinator

Dr. Umadevi Pawadshetty

Dr. Komal Thakur

Dr. Pooja Acharya

#### Objectives of program:

To create awareness among student about hypertension

How to deal with hypertensive patient

To make student understand the importance of hypertension.

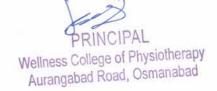
## Details about the program:

Wellness College of Physiotherapy Dhrashiv organized a program on 17<sup>th</sup> may 2023 on the occasion of world hypertension day. The program was organized under the guidance of Dr. Umadevi Pawadshetty along with Dr. Komal Thakur and Dr. Pooja Acharya. the program started sharp 1:00 pm by introductory speech given by Dr. Umadevi Pawadshetty and sign, symptoms and causes were explained by second year students. Also, first year student performed skit on create awareness about hypertension among general population in campus. At last the program concluded by thanks giving speech by Dr.. Komal Thakur.









## Wellness College Of Physiotherapy

Dr. V. K. Patil Educational Campus, NH - 52, Dharashiv (Osmanabad)

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#### A REPORT ON TREE PLANTATION PROGRAM

DATE AND DAY

7<sup>th</sup> June 2023 Wednesday

ORGANIZED BY

WCOP Dharashiv

Venue

Dr. V. K. Patil Educational Campus, Dharashiv

Time

10:00 AM to 11:00 AM

Chairperson

Dr. Pratapsinh Patil

Coordinator

Dr. Vijayaraj V. (Principal)

Dr. Umadevi Pawadshetty

Dr. Komal Thakur

Dr. Pooja Acharya

#### Objectives of program:

- To create awareness among student for tree plantation
- Importance of tree and its uses and benefit in day to day life.

## Details about the program:

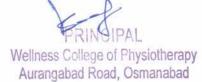
Wellness College of Physiotherapy Dharashiv organized a program on 7th June 2023 on the occasion of 25<sup>th</sup> anniversary of MUHS Nashik. The program was organized under the guidance of Dr. Umadevi Pawadshetty along with Dr. Komal Thakur and Dr. Pooja Acharya. the program started sharp 10 am by introductory speech given by Dr. Pratapsinh Patil about why we plant a tree and all first and second year student were enthusiastically participate din this activity. At last the program concluded by thanks giving speech by Dr. Komal Thakur.

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## Wellness College Of Physiotherapy

Dr. V. K. Patil Educational Campus, NH - 52, Dharashiv (Osmanabad)

## A REPORT ON FLAG HOISTING PROGRAM

DATE AND DAY

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10<sup>TH</sup> June 2023 Saturday

ORGANIZED BY

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WCOP Dhrarashiv (Osmanabad)

Venue

:

College Campus

Time

8

10:00AM

Chairperson

Dr. Pratapsinh Patil

Coordinator

Dr. Vijayaraj. V (Principal)

Dr. Umadevi Pawadshetty

Dr. Komal Thakur

Dr. Pooja Acharya

#### Objectives of program:

To Celebrate 25<sup>th</sup> anniversary of Maharashtra University of health Sciences, Nashik.

#### Details about the program:

Wellness college of physiotherapy osmanabad organized a program on 10th june 2023 on the occasion of 25<sup>th</sup> anniversary of MUHS nashik. The program was organized under the guidance of Dr. Umadevi pawadshetty along with dr. Komal Thakur and Dr. Pooja Acharya. the program started sharp 10:00 am by introductory speech given by Dr. Umadevi Pawadshetty about the flag hoisting and all first and second year student were enthusiastically participated in this activity. At last the program concluded by thanks giving speech by Dr. Komal Thakur.

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Wellness College of Physiotherapy Aurangabad Road, Osmanabad

## Wellness College Of Physiotherapy

Dr. V. K. Patil Educational Campus, NH - 52, Dharashiv (Osmanabad)

## A REPORT ON WORLD YOGA DAY CELEBRATION

DATE AND DAY

21st June 2023 Wednesday

Dr. V. K. Patil Educational Campus, Dharashiv

ORGANIZED BY

WCOP Dharashiv

Venue

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Time

8.30 AM to 10.00 AM

Chairperson

Dr. Pratapsinh Patil

Coordinator

Dr. Pooja Acharva

Dr. Komal Thakur

Dr. Umadevi Pawadshetty

#### Objectives of program:

To create awareness among student for yoga

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Importance of yoga and its uses and benefit.

#### Details about the program:

Wellness College of Physiotherapy Dharashiv organized a program on 21th june 2023 on the occasion of world yoga day. The program was organized under the guidance of Dr. Umadevi Pawadshetty along with Dr. Komal Thakur and Dr. Pooja Acharya. the program started sharp 8:30 am by introductory speech given by Dr. Pooja Acharya and yoga session were performed and explained by second year students. Also, first year student performed skit on create awareness about yoga postures. At last the program concluded by thanks giving speech by Dr. Komal Thakur.

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